

Weekly Cleaning Checklist

Designed to keep things manageable and efficient.

General Tasks (Do in Every Room)

- Dust surfaces (furniture, shelves, baseboards)
- Vacuum or sweep floors
- Mop hard floors
- Empty trash bins
- Wipe down doorknobs and light switches
- Polish mirrors and glass surfaces

Kitchen

- Wipe countertops and backsplash
- Clean stove and microwave exterior
- Wipe down fridge handles and exterior
- Empty trash and clean bin
- Sweep and mop kitchen floor

Bathroom

- Clean toilet, sink, and faucet
- Wipe down counters and mirror
- Scrub tub or shower floor
- Replace used towels with fresh ones
- Empty bathroom trash

Bedroom

- Change bed linens
- Dust nightstands and furniture
- Vacuum under the bed (if accessible)
- Tidy up closets and surfaces

Living Room

- Dust electronics and décor
- Vacuum upholstery and rugs
- Organize remote controls and clutter
- Fluff and rotate cushions

Laundry

- Do a full load (clothes, towels, or sheets)
- Wipe washing machine and dryer
- Clean out lint trap

Pro Tips

- Assign different rooms to different days if you're short on time.
- Use a cleaning caddy to carry your supplies from room to room.
- Set a timer to stay focused.